

Ibuprofen dosage chart



Recommended Dosages

Note: The proper dosage for your child is based on weight, not age. If you don't know how much your child weighs, and he's too young to stand on a scale himself, weigh yourself while holding him, and then weigh yourself alone. Subtract your weight from the combined weight to get his current weight.

Your child's weight: 12 to 17 lbs Dose: 50 mg Infant drops: 1 dropper OR 2/3 syringe (1.25 ml) Children's liquid: ½ tsp	Your child's weight: 18 to 23 lbs Dose: 75 mg Infant drops: 1½ droppers OR 1 syringe (1.875 ml) Children's liquid: ¾ tsp	Your child's weight: 24 to 35 lbs Dose: 100 mg Infant drops: 2 droppers OR 1 1/3 syringe (2.5 ml) Children's liquid: 1 tsp
Your child's weight: 36 to 47 lbs Dose: 150 mg Infant drops: 3 droppers OR 2 syringes (3.75 ml) Children's liquid: 1 ½ tsp Children's chews: 3 chews	Your child's weight: 48 to 59 lbs Dose: 200 mg Infant drops: 4 droppers OR 2 2/3 syringe (5.0 ml) Children's liquid: 2 tsp Children's chews: 4 Junior-strength chews or caplets: 2	Your child's weight: 60 to 71 lbs Dose: 250 mg Children's liquid: 2 ½ tsp Children's chews: 5 Jr. strength chews or caplets: 2 ½ Adult regular-strength tabs: 1
Your child's weight: 72 to 95 lbs Dose: 300 mg Children's liquid: 3 tsp Children's chews: 6 Junior-strength chews or caplets: 3 Adult regular-strength tabs: 1 to 1 ½	Your child's weight: 96+ lbs Dose: 400 mg Children's liquid: 4 tsp Children's chews: 8 Junior-strength chews or caplets: 4 Adult regular-strength tabs: 2	

Active Ingredients

Infant drops: 50 mg (1.25 ml) per dropper / 1.875 ml (50 mg) per syringe (shake well before using)

Note: The drops come with either a dropper or a syringe, depending on the brand.

Children's liquid: 100 mg (5 ml) per teaspoon (shake well before using)

Children's chewables: 50 mg each

Junior-strength chewables or caplets: 100 mg each

Adult regular-strength tablets: 200 mg each

5 Safety Tips for Ibuprofen

1. Don't give it to a baby under 6 months without a doctor's approval.
2. Always use the measuring device that comes with the medicine – not a spoon from the kitchen.
3. Never give to a child who's taking other medicines unless directed by a doctor. The other medicine may also contain ibuprofen, creating a dangerous overdose.
4. Don't confuse infant drops with children's liquid. Infant drops are much more concentrated. Hint: Drops come with a dropper; children's liquid doesn't.
5. You can repeat the dose every six to eight hours. Don't exceed four doses in 24 hours.